Ways and Means-

This February, we will be supporting the women and children of our community through the “I Can Still Shine” program, which helps families be able to leave their abusive environments. Because of your donations to this valuable program they can not only survive but also become self-sufficient. Therefore,

breaking the cycle of abuse for their families forever!!

**Items needed are:**

-Boxed Meals

-Mac N’ Cheese

-Chili

-Hamburger Helper

-Dove soap

-Shampoo

-Conditioner

-Toothbrushes

-Toothpaste

-Socks for Mother and Children including teenagers (All sizes and colors☺)

-Liquid laundry detergent (fragrance and dye free preferred)

Financial Donations are welcome and appreciated!!

Please make payable to: “I Can Still Shine”

**Volunteer Opportunities- “I Can Still Shine”**

All events are on the second Saturday of each month at 10 am. Events are **FREE** and open to abused women and their children. Ladies receive **free** haircuts, manicures, makeovers, pedicures, a hot lunch, gifts, and free shopping at our clothing boutique.

Volunteers are needed ages 16 and older.  Volunteers, please arrive 30 minutes before the event for a short meeting. Wear a solid red shirt or sweater if possible. Volunteers can apply online, or you may call us to become a client or volunteer at: 817-616-3500.

**February 9, 2019 – First Baptist Colleyville – 5405 Pleasant Run, Colleyville**